

Supplemental A

QUESTIONNAIRE

Study of the efficiency of the training disaster response and first aid to victims in case of incidents

(for teachers in the educational system)

1. Have you participated in disaster response training?
 - a) yes, I participate annually;
 - b) yes, I have participated in the last three years in such a training;
 - c) yes, I have participated more than three years ago;
 - d) no, I have never participated.

2. Are you acquainted with the plan for the protection of the residents in your school?
 - a) yes;
 - b) no;
 - c) partially (as far as it's related to my work).

3. Have you participated in a first aid training course?
 - a) yes, I have participated in a course for candidates for a driving license organized by the Bulgarian Red Cross;
 - b) yes, I have participated in another first aid course in the last year;
 - c) yes, I have participated in another first aid course in the last three years;
 - d) yes, I have participated in another first aid course more than three years ago;
 - e) no.

4. Do you feel that you are adequately prepared to give first aid to an injured person?
 - a) completely;
 - b) I don't know how;
 - c) it depends on the specific aid that he requires;
 - d) I don't feel confident.

5. Would you like to pass additional first aid and disaster response training?
 - a) yes;
 - b) no;

c) I cannot decide.

6. In what order would you arrange the following activities that should be performed when discovering a person that is unconscious? Please arrange the activities by giving them a priority number from 1 to 6 and write that number next to each activity!

Activity	Priority number
Calling 112.	
Checking periodically if the person is conscious and whether he is breathing. If he stops breathing I call again 112 and start CPR.	
Check if the person is conscious (he might be just sleeping).	
In case there are no other injuries, I put the person in recovery position and cover him with blanket.	
Opening the airways.	
Checking if the person is breathing.	

7. Have you ever been a witness to a situation requiring first aid in the school premises? Please fill in the table.

Type of help	Number of times witnessed, total	Number of times according to the place of occurrence				
		Class room	School yard	corridor	Sports hall	other
Calling 112/the medical personnel at school						
Stopping bleeding						
First aid to a person that is unconscious						
First aid in case of broken bones						
First psychological aid						
First aid in case of heat stroke						
First aid in case of shock						
First aid for burns						
Transport to a medical facility						
other (please describe) _____						

8. How did you feel in these cases? (*you can give more than one answer*)

- a) I felt sick by the sight of blood;
- b) I felt powerless;
- c) I felt confident;
- d) I felt fear, what might happen to the person that is injured;
- e) I felt fear that I might harm the person even more if I try to help;
- f) I felt fear that I might be prosecuted if I do something wrong when trying to give first aid;
- g) I felt decisiveness;
- h) other (please fill in) _____.

9. How in your opinion can your first and disaster response training be improved? (*you can give more than one answer*)

- a) by giving the opportunity for more practical training;
- b) by giving the opportunity for periodically refreshing the knowledge and skills;
- c) I count only on the medical personnel in the school to handle the situation;
- d) training is efficient and sufficient.

10. How is it advisable in your opinion to improve the first aid and disaster response training of students?

(*you can give more than one answer*)

- a) there should be more teaching hours for theory on the subject;
 - b) there should be more teaching hours dedicated to practical training;
 - c) the teaching hours should remain the same, but the material taught should be increased;
 - d) by taking in to account the individual and age characteristics of students;
 - e) the time, necessary for this training should be specified
- (it should be increased , it should be decreased number of teaching hours should remain the same);
- f) training is efficient and doesn't need improvement.

11. Please fill in the table!

age	Years of teaching experience	town or village, where the school is located	sex