# Appendix 4: Self-efficacy questionnaire\*§

**Mark the response which most closely applies to you.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  I am very confident | I am somewhat confident | I am nor confident nor not confident or may not be confident | I am somewhat not confident | I am not all confident |
| 1. I know how to recognize a stroke in an unknown colleague
 |  |  |  |  |  |
| 1. I know how to resuscitate a child of 6 years old with a cardiac arrest
 |  |  |  |  |  |
| 1. I know how to resuscitate a colleague with a cardiac arrest at work
 |  |  |  |  |  |
| 1. I know how to estimate the size and thickness of a burn.
 |  |  |  |  |  |
| 1. I know how to recognize a stroke in an elderly family member
 |  |  |  |  |  |
| 1. I know how to verify if an unconscious victim is still breathing.
 |  |  |  |  |  |
| 1. I know how to apply the right techniques to treat a scrape.
 |  |  |  |  |  |
| 1. I know how to assist a stroke victim until the emergency services arrive.
 |  |  |  |  |  |
| 1. I know how to provide first aid to a child of 6 years old with a first-degree burn.
 |  |  |  |  |  |
| 1. I know how to recognize a severe bleeding in a child and provide correct first aid.
 |  |  |  |  |  |
| 1. I know how to provide first aid to a colleague with a large second degree burn.
 |  |  |  |  |  |
| 1. I know how to recognize a severe bleeding in a colleague and provide correct first aid.
 |  |  |  |  |  |

*\*The highlighted questions are questions on the topics burns and stroke, which will be used to assess participant’s self-efficacy concerning first aid topics taught with or without a simulated patient. § This is a translated version of the knowledge questionnaire as the original is provided in Dutch to the participants.*